

# REVOLUTIONS INDOOR CYCLING SCHEDULE 2019

516-BIKE (2453)

REVOLUTIONSCAYMAN@HOTMAIL.COM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	6.30 AM Jerome		6.30 AM Steve	5.30 AM Steve	8:00 AM Jerome
5:30 PM SpinFusion Jerome	5:30 PM Steve	5.30 PM Sabrina	5:30 PM Cathy		9.00 AM Circuit Cathy
	6:30 PM H.I.I.T +Spinfusion Jerome		6:30 PM +Stretches Jerome		

[WWW.REVOLUTIONSCAYMAN.COM](http://WWW.REVOLUTIONSCAYMAN.COM)

## POLICIES

To reschedule a class or to receive a credit, the class must be cancelled **48 HOURS** prior to the start of the class.

If you cancel late (less than 48 hours notice) or don't show up, you have the option of doing a make-up class.

**Make-ups cannot be scheduled.** It is your responsibility to call us within **one hour** of the class you wish to attend and check availability. Make ups need to be done in the next 6 days after the missed class.

If you ask to be registered in the book, expect to pay for the class whether you come or not.